

# BAR 2019 Results

| Position | Team Name                              | Bibs | Category              | Stage 1 | Stage 2 | Stage 3 | Stage 4 | Stage 5 | Stage 6 | Stage 7 | Stage 8 | Stage 9 | Stage 10 | Stage 11 | Stage 12 | Stage 13 | Stage 14 | Stage 15 | Stage 16 | Finish  |         |
|----------|--|------|-----------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|----------|----------|----------|----------|----------|----------|---------|---------|
| 1        | BAPCO                                  | 27   | Open Men/Med          | 0:05:54 | 0:08:24 | 0:11:58 | 0:10:32 | 0:09:40 | 0:09:40 | 0:11:05 | 0:10:04 | 0:09:11 | 0:11:14  | 0:09:52  | 0:10:17  | 0:10:56  | 0:14:03  | 0:09:25  | 0:06:46  | 2:38:55 |         |
| 2        | Jan Chik Media                         | 143  | Telecom/IT            | 0:05:58 | 0:08:47 | 0:12:14 | 0:10:43 | 0:10:07 | 0:10:23 | 0:11:55 | 0:10:48 | 0:09:20 | 0:11:19  | 0:10:23  | 0:11:19  | 0:10:23  | 0:14:54  | 0:11:07  | 0:14:23  | 0:06:58 | 2:45:13 |
| 3        | Fai mah communication                  | 122  | Open Men/Med          | 0:06:07 | 0:09:09 | 0:11:49 | 0:11:34 | 0:11:17 | 0:11:09 | 0:12:03 | 0:11:39 | 0:11:17 | 0:12:50  | 0:11:46  | 0:12:20  | 0:14:11  | 0:11:36  | 0:09:56  | 0:06:40  | 2:50:28 |         |
| 4        | Joe                                    | 104  | School/College (18+)  | 0:06:07 | 0:09:09 | 0:11:26 | 0:11:26 | 0:11:26 | 0:11:26 | 0:12:52 | 0:12:07 | 0:13:08 | 0:12:34  | 0:13:09  | 0:12:10  | 0:11:23  | 0:15:36  | 0:10:13  | 0:11:33  | 0:06:13 | 3:04:26 |
| 5        | GPC TEAM                               | 148  | Sports/Social Club    | 0:06:15 | 0:09:12 | 0:13:10 | 0:11:38 | 0:12:19 | 0:12:04 | 0:12:29 | 0:11:26 | 0:12:05 | 0:13:47  | 0:13:26  | 0:14:18  | 0:15:02  | 0:14:20  | 0:12:36  | 0:07:11  | 3:06:32 |         |
| 6        | BSR Team A                             | 116  | Sports/Social Club    | 0:06:51 | 0:09:36 | 0:13:01 | 0:12:24 | 0:12:38 | 0:12:37 | 0:13:08 | 0:12:34 | 0:12:55 | 0:15:11  | 0:12:29  | 0:13:11  | 0:14:43  | 0:09:59  | 0:07:22  | 3:06:41  |         |         |
| 7        | BIC 2                                  | 32   | Sports/Social Club    | 0:06:36 | 0:10:20 | 0:13:31 | 0:12:53 | 0:12:26 | 0:12:22 | 0:13:58 | 0:12:46 | 0:11:04 | 0:12:17  | 0:13:13  | 0:12:19  | 0:13:05  | 0:13:57  | 0:14:10  | 0:06:45  | 3:07:38 |         |
| 8        | Bahrain Warriors                       | 24   | Open Men/Med          | 0:06:39 | 0:11:16 | 0:14:13 | 0:12:58 | 0:12:58 | 0:12:58 | 0:14:13 | 0:13:26 | 0:13:26 | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:06:59 | 3:12:15 |
| 9        | A Bahrain Kano International School    | 97   | School/IT (18+)       | 0:06:40 | 0:11:17 | 0:14:13 | 0:12:58 | 0:12:58 | 0:12:58 | 0:14:13 | 0:13:26 | 0:13:26 | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:14:13  | 0:07:20 | 3:12:15 |
| 10       | RMR Amwaj                              | 87   | Sports/Social Club    | 0:06:41 | 0:09:55 | 0:13:07 | 0:12:21 | 0:12:16 | 0:11:52 | 0:12:46 | 0:11:08 | 0:12:05 | 0:13:06  | 0:12:23  | 0:13:54  | 0:14:48  | 0:15:13  | 0:12:15  | 0:06:52  | 3:16:23 |         |
| 11       | Doha Security Services Desert Penguins | 114  | Telecom/IT            | 0:06:42 | 0:10:49 | 0:13:01 | 0:12:53 | 0:13:15 | 0:13:08 | 0:14:06 | 0:13:29 | 0:12:13 | 0:13:05  | 0:13:47  | 0:14:18  | 0:15:26  | 0:14:56  | 0:11:06  | 0:07:46  | 3:19:08 |         |
| 12       | Hassan & Habbib Suli Mahmod Group      | 53   | Open Men/Med          | 0:06:35 | 0:10:41 | 0:14:12 | 0:13:52 | 0:13:42 | 0:14:29 | 0:13:58 | 0:12:01 | 0:12:28 | 0:14:21  | 0:14:07  | 0:14:30  | 0:14:47  | 0:16:09  | 0:10:56  | 0:07:49  | 3:23:38 |         |
| 13       | Bahrain Falcons                        | 137  | School/IT (18+)       | 0:07:51 | 0:11:41 | 0:14:10 | 0:14:37 | 0:15:25 | 0:14:40 | 0:15:33 | 0:14:43 | 0:15:33 | 0:14:43  | 0:15:33  | 0:14:43  | 0:15:33  | 0:14:43  | 0:15:33  | 0:14:43  | 0:08:30 | 3:30:31 |
| 14       | Union Green Team                       | 173  | Open Men/Med          | 0:07:31 | 0:11:38 | 0:16:25 | 0:15:36 | 0:15:44 | 0:15:29 | 0:17:47 | 0:15:29 | 0:15:05 | 0:16:26  | 0:15:16  | 0:16:22  | 0:17:21  | 0:16:11  | 0:14:42  | 0:08:43  | 3:30:51 |         |
| 15       | naseem international school            | 78   | School/IT (18+)       | 0:07:30 | 0:12:13 | 0:15:28 | 0:13:25 | 0:12:53 | 0:13:50 | 0:14:19 | 0:14:16 | 0:14:31 | 0:16:23  | 0:13:07  | 0:14:39  | 0:14:16  | 0:17:43  | 0:13:44  | 0:08:07  | 3:36:19 |         |
| 16       | SPLANKA OUBB BHRAIN                    | 132  | Sports/Social Club    | 0:06:56 | 0:11:09 | 0:14:24 | 0:13:30 | 0:12:56 | 0:14:10 | 0:13:56 | 0:14:03 | 0:14:17 | 0:15:16  | 0:14:04  | 0:15:14  | 0:14:46  | 0:14:01  | 0:08:10  | 3:36:18  |         |         |
| 17       | The Riz-Carlton Hotel                  | 101  | Hotel                 | 0:07:09 | 0:11:44 | 0:17:02 | 0:14:41 | 0:12:45 | 0:17:45 | 0:12:49 | 0:14:34 | 0:14:51 | 0:15:20  | 0:14:09  | 0:14:33  | 0:13:00  | 0:14:21  | 0:10:58  | 0:08:36  | 3:36:36 |         |
| 18       | AMK team                               | 147  | Construction          | 0:08:51 | 0:11:06 | 0:16:53 | 0:14:26 | 0:14:56 | 0:15:44 | 0:16:28 | 0:16:53 | 0:18:48 | 0:14:24  | 0:14:49  | 0:16:28  | 0:16:08  | 0:12:29  | 0:08:08  | 3:37:22  |         |         |
| 19       | PAITORSWA                              | 182  | Open Men/Med          | 0:10:34 | 0:13:15 | 0:14:50 | 0:15:10 | 0:12:14 | 0:14:53 | 0:13:40 | 0:12:25 | 0:13:14 | 0:13:48  | 0:14:49  | 0:12:23  | 0:16:59  | 0:14:48  | 0:12:07  | 0:10:10  | 3:38:21 |         |
| 20       | Go! Hotel                              | 51   | Hotel                 | 0:07:13 | 0:11:57 | 0:17:13 | 0:16:12 | 0:14:46 | 0:12:21 | 0:16:06 | 0:14:23 | 0:15:23 | 0:13:15  | 0:14:28  | 0:17:06  | 0:16:24  | 0:13:02  | 0:10:13  | 0:09:04  | 3:38:29 |         |
| 21       | St. On's Senior Student team           | 92   | School/IT (18+)       | 0:09:20 | 0:12:22 | 0:18:27 | 0:15:16 | 0:13:01 | 0:14:35 | 0:14:53 | 0:14:07 | 0:15:41 | 0:14:54  | 0:15:03  | 0:13:25  | 0:16:24  | 0:13:38  | 0:10:27  | 0:09:53  | 3:40:59 |         |
| 22       | Energy Fitness                         | 121  | Sports/Social Club    | 0:07:26 | 0:10:02 | 0:15:00 | 0:15:05 | 0:14:15 | 0:17:25 | 0:12:19 | 0:15:20 | 0:11:26 | 0:13:48  | 0:15:48  | 0:15:55  | 0:12:50  | 0:16:04  | 0:10:52  | 0:09:24  | 3:42:49 |         |
| 23       | RON ALL                                | 186  | Open Men/Med          | 0:07:43 | 0:12:47 | 0:18:44 | 0:16:30 | 0:16:04 | 0:16:40 | 0:16:10 | 0:17:17 | 0:16:11 | 0:18:13  | 0:16:43  | 0:16:07  | 0:14:47  | 0:16:01  | 0:11:11  | 0:10:26  | 3:43:51 |         |
| 24       | KIDS STUDENTS                          | 58   | School/IT (18+)       | 0:07:44 | 0:12:45 | 0:14:23 | 0:15:46 | 0:15:08 | 0:17:25 | 0:14:34 | 0:15:54 | 0:14:10 | 0:15:43  | 0:15:33  | 0:14:26  | 0:17:51  | 0:15:07  | 0:10:27  | 0:09:27  | 3:46:11 |         |
| 25       | EOTC                                   | 47   | Open Men/Med          | 0:07:51 | 0:11:47 | 0:16:05 | 0:14:07 | 0:13:48 | 0:13:40 | 0:16:06 | 0:15:24 | 0:13:05 | 0:12:58  | 0:14:59  | 0:17:06  | 0:16:13  | 0:15:15  | 0:15:37  | 0:10:36  | 0:07:56 | 3:47:57 |
| 26       | KOOBLE CONTRACTORS W.L.L               | 99   | Construction          | 0:08:53 | 0:11:00 | 0:20:06 | 0:16:41 | 0:15:52 | 0:18:41 | 0:18:14 | 0:17:09 | 0:16:32 | 0:18:21  | 0:16:48  | 0:18:01  | 0:16:52  | 0:17:08  | 0:14:00  | 0:07:28  | 3:48:11 |         |
| 27       | ALMAYDUT 7                             | 9    | Telecom/IT            | 0:08:24 | 0:12:16 | 0:14:41 | 0:14:42 | 0:14:31 | 0:16:06 | 0:16:24 | 0:16:24 | 0:17:42 | 0:17:15  | 0:16:59  | 0:17:34  | 0:16:13  | 0:16:09  | 0:18:34  | 0:12:18  | 0:07:46 | 3:48:21 |
| 28       | Hassan Technologies Bahrain SPC        | 161  | Telecom/IT            | 0:08:51 | 0:12:16 | 0:16:53 | 0:16:26 | 0:14:44 | 0:16:56 | 0:16:48 | 0:16:48 | 0:16:28 | 0:16:53  | 0:16:28  | 0:16:53  | 0:16:28  | 0:14:22  | 0:17:14  | 0:10:27  | 3:50:51 |         |
| 29       | Dimuna CFD 1                           | 118  | Open Men/Med          | 0:08:02 | 0:12:07 | 0:16:42 | 0:16:19 | 0:13:34 | 0:15:19 | 0:17:29 | 0:17:51 | 0:16:51 | 0:17:03  | 0:15:14  | 0:15:06  | 0:14:05  | 0:14:57  | 0:11:47  | 0:10:43  | 3:52:32 |         |
| 30       | Bahrain Public Transport Company       | 23   | Open Men/Med          | 0:09:55 | 0:14:18 | 0:15:53 | 0:13:56 | 0:13:08 | 0:15:18 | 0:16:15 | 0:16:39 | 0:16:35 | 0:14:42  | 0:15:49  | 0:15:13  | 0:16:08  | 0:17:52  | 0:14:28  | 0:09:59  | 3:52:44 |         |
| 31       | Four Seasons Runners                   | 103  | Open Men/Med          | 0:09:21 | 0:12:09 | 0:16:22 | 0:15:01 | 0:14:29 | 0:15:22 | 0:16:34 | 0:15:23 | 0:15:41 | 0:16:22  | 0:15:31  | 0:14:21  | 0:15:29  | 0:12:23  | 0:11:51  | 0:10:23  | 3:53:26 |         |
| 32       | Bahrain Polytechnic                    | 22   | School/College (18+)  | 0:08:18 | 0:10:01 | 0:14:20 | 0:14:00 | 0:13:18 | 0:12:58 | 0:15:36 | 0:15:59 | 0:16:05 | 0:17:59  | 0:17:05  | 0:15:18  | 0:14:17  | 0:16:44  | 0:11:53  | 0:08:24  | 3:54:10 |         |
| 33       | 17 International Regency Bahrain       | 60   | Open Men/Med          | 0:11:38 | 0:13:39 | 0:16:43 | 0:15:43 | 0:15:43 | 0:16:43 | 0:15:43 | 0:16:43 | 0:15:43 | 0:16:43  | 0:15:43  | 0:16:43  | 0:15:43  | 0:16:43  | 0:15:43  | 0:16:43  | 0:09:49 | 4:01:27 |
| 34       | Bank ABC - 1                           | 25   | Financial Institution | 0:08:00 | 0:10:39 | 0:14:01 | 0:14:12 | 0:13:09 | 0:13:39 | 0:14:58 | 0:17:51 | 0:14:50 | 0:17:35  | 0:16:16  | 0:16:04  | 0:14:40  | 0:14:19  | 0:14:12  | 0:10:27  | 3:56:06 |         |
| 35       | Amad Group                             | 109  | Construction          | 0:13:46 | 0:13:27 | 0:14:48 | 0:12:11 | 0:16:48 | 0:14:49 | 0:15:18 | 0:16:42 | 0:13:05 | 0:12:58  | 0:13:56  | 0:15:42  | 0:17:51  | 0:18:21  | 0:13:47  | 0:07:25  | 3:56:18 |         |
| 36       | British School Bahrain 1               | 186  | School/College (18+)  | 0:08:24 | 0:12:39 | 0:19:27 | 0:22:26 | 0:18:44 | 0:21:47 | 0:18:46 | 0:19:19 | 0:18:52 | 0:19:47  | 0:18:31  | 0:18:47  | 0:19:46  | 0:18:24  | 0:13:47  | 0:08:27  | 3:56:26 |         |
| 37       | KMS PACERS                             | 66   | Open Men/Med          | 0:08:55 | 0:10:26 | 0:14:34 | 0:17:10 | 0:16:13 | 0:15:50 | 0:15:47 | 0:18:23 | 0:14:08 | 0:18:31  | 0:17:24  | 0:14:18  | 0:14:33  | 0:20:19  | 0:10:52  | 0:09:27  | 3:59:49 |         |
| 38       | Al-Farooq                              | 117  | School/College (18+)  | 0:09:54 | 0:14:26 | 0:18:46 | 0:17:24 | 0:16:48 | 0:17:24 | 0:16:48 | 0:17:24 | 0:16:48 | 0:17:24  | 0:16:48  | 0:17:24  | 0:16:48  | 0:17:24  | 0:16:48  | 0:17:24  | 0:10:27 | 4:00:28 |
| 39       | RMAC                                   | 164  | Open Men/Med          | 0:10:32 | 0:13:34 | 0:14:51 | 0:18:19 | 0:16:35 | 0:15:40 | 0:14:46 | 0:16:58 | 0:12:52 | 0:15:21  | 0:16:42  | 0:16:36  | 0:15:51  | 0:19:58  | 0:12:38  | 0:09:25  | 4:00:35 |         |
| 40       | HUI JEON MOO SOOL                      | 56   | Sports/Social Club    | 0:08:02 | 0:10:50 | 0:17:18 | 0:14:45 | 0:15:57 | 0:16:50 | 0:16:16 | 0:16:40 | 0:16:58 | 0:16:18  | 0:19:17  | 0:16:15  | 0:15:09  | 0:19:37  | 0:13:12  | 0:08:19  | 4:00:38 |         |
| 41       | ALBA TEAM B                            | 7    | Open Men/Med          | 0:07:53 | 0:11:14 | 0:15:40 | 0:14:48 | 0:17:21 | 0:15:41 | 0:17:21 | 0:15:41 | 0:17:21 | 0:15:41  | 0:17:21  | 0:15:41  | 0:17:21  | 0:15:41  | 0:17:21  | 0:15:41  | 0:09:24 | 4:00:52 |
| 42       | Canbar                                 | 50   | Financial Institution | 0:08:13 | 0:12:56 | 0:14:39 | 0:15:19 | 0:14:57 | 0:15:76 | 0:24:23 | 0:17:02 | 0:14:33 | 0:17:37  | 0:12:29  | 0:16:01  | 0:16:18  | 0:18:27  | 0:13:11  | 0:07:31  | 4:01:24 |         |
| 43       | VIA Bahrain                            | 105  | Telecom/IT            | 0:08:13 | 0:11:39 | 0:15:13 | 0:14:40 | 0:15:13 | 0:15:13 | 0:16:43 | 0:15:13 | 0:16:43 | 0:15:13  | 0:16:43  | 0:15:13  | 0:16:43  | 0:15:13  | 0:16:43  | 0:15:13  | 0:07:31 | 4:01:24 |
| 44       | DKL BAH HUB                            | 44   | Open Men/Med          | 0:07:49 | 0:11:39 | 0:16:15 | 0:17:23 | 0:14:45 | 0:15:07 | 0:16:07 | 0:17:28 | 0:14:24 | 0:17:37  | 0:14:62  | 0:16:25  | 0:14:11  | 0:21:28  | 0:14:30  | 0:08:45  | 4:03:29 |         |
| 45       | The British Club                       | 100  | Open Men/Med          | 0:07:57 | 0:11:13 | 0:19:39 | 0:17:32 | 0:16:56 | 0:15:17 | 0:14:35 | 0:13:27 | 0:14:36 | 0:12:24  | 0:14:14  | 0:15:57  | 0:15:05  | 0:20:30  | 0:10:52  | 0:07:23  | 4:04:27 |         |
| 46       | Compz                                  | 89   | Construction          | 0:08:43 | 0:12:52 | 0:16:56 | 0:16:14 | 0:14:48 | 0:16:22 | 0:14:48 | 0:16:22 | 0:14:48 | 0:16:22  | 0:14:48  | 0:16:22  | 0:14:48  | 0:16:22  | 0:14:48  | 0:16:22  | 0:07:31 | 4:04:27 |
| 47       | AMA WHITE                              | 187  | Construction          | 0:08:42 | 0:12:36 | 0:18:00 | 0:17:18 | 0:15:02 | 0:14:20 | 0:16:42 | 0:15:23 | 0:14:06 | 0:18:24  | 0:16:34  | 0:17:51  | 0:18:06  | 0:18:36  | 0:13:18  | 0:08:33  | 4:05:46 |         |
| 48       | Estimote and Satat                     | 188  | Construction          | 0:08:43 | 0:12:36 | 0:18:00 | 0:17:18 | 0:15:02 | 0:14:20 | 0:16:42 | 0:15:23 | 0:14:06 | 0:18:24  | 0:16:34  | 0:17:51  | 0:18:06  | 0:18:36  | 0:13:18  | 0:08:33  | 4:05:46 |         |
| 49       | Bahrain Gas Warriors                   | 138  | Open Men/Med          | 0:07:35 | 0:12:19 | 0:16:22 | 0:15:09 | 0:16:05 | 0:16:11 | 0:19:07 | 0:15:10 | 0:15:09 | 0:17:58  | 0:16:53  | 0:16:18  | 0:16:50  | 0:23:27  | 0:14:45  | 0:09:24  | 4:07:03 |         |
| 50       | Lulu                                   | 197  | Open Men/Med          | 0:08:00 | 0:11:39 | 0:20:21 | 0:17:08 | 0:16:46 | 0:15:32 | 0:16:16 | 0:13:36 | 0:17:30 | 0:18:02  | 0:16:28  | 0:16:24  | 0:16:21  | 0:20:10  | 0:12:02  | 0:11:46  | 4:09:03 | 4:08:40 |